



Dear Parents,

thank you for choosing us, to ensure to your children a quiet and instructive stay we report some information about the experience of summer camp.

Please read this guidebook carefully with your child, your collaboration is essential for the performance of a peaceful summer camp.

These are simple rules dictated by long experience and the desire to offer kids an atmosphere of relaxed and engaging group, but above all to promote their first tests of autonomy in this short period of being away from home.

## location

“La Tenuta dei Ciclamini” is an exclusive structure surrounded by the Umbrian countryside, it is 12 km away from Todi. A hotel complex located at the center of a suggestive landscape characterized by woods, meadows and hills.

La Tenuta dei Ciclamini, Località Casa Pancallo, 3 - 05020 Avigliano Umbro (TR)

Phone. +39 0744 93431 Fax +39 0744 935272 - [www.iciclamini.it](http://www.iciclamini.it)

## info

The directors of the summer camp, together with the whole staff, constantly look after your children.

For any information during the period of the summer camp you can contact the following numbers:

+39 3293437829 Jacopo Morroni

+39 3384861938 Lucia Paccoi

The availability of managers is linked to the conducting needs of the summer camp and the control of the activities that take place in it, please, therefore, contact us only in case of absolute and imperative necessity or important communications.

## nostalgia

In the first two days of summer camp **nostalgia is a normal reaction**, especially for kids taking part for the first time and usually manifests during the first phone calls at home.

Our staff know how to manage these episodes that usually tend to disappear with the loving atmosphere of the camp, fun and group activities.

Remember that once left the parents, even the shyest children prove to have unsuspected autonomy and adaptation resources.

## phone calls

### CHILDREN 7-11 YEARS OLD

Participants can receive or make phone calls every day only from 8:45 to 9:30 and from 13:45 to 14:15. **Strictly forbidden to make or receive phone calls in the evening.** For participants without a mobile phone, the association will provide to parents three telephone numbers of its staff. Is strictly prohibited cell phone use during the activities.

Parents, for any urgent communication, can contact the facility directly or camp director. At summer camp is also forbidden to bring tablet, video games and computers.

## phone calls

### TEENS 12-14 YEARS OLD

Participants can receive or make phone calls every day only from 8:45 to 9:30 and from 13:45 to 14:15. Strictly forbidden to make or receive phone calls in the evening.

For participants without a mobile phone, the association will provide to parents three telephone numbers of its staff. Is strictly prohibited cell phone use during the activities.

## teachers

The staff is composed of carefully selected and qualified educators. Our teachers have several years of significant teaching experience of training and education.

## doctor

In the summer camp a doctor will be available to children 24 hours a day. For any emergency we will have as reference public health facilities near the summer camp.

For any requests or information you can contact our staff.

## meals

Meals are prepared by the hotel staff which is an informed AIC structure and include: breakfast, two snacks, one morning and one afternoon, lunch and dinner, drinks included.

If your child has allergies and/or requires a special diet, please include all the details in the medical form.

## being together

The host structure is a prestigious location that ensures a high standard of hospitality. Overnight stays will take place in large and comfortable bedrooms, equipped with two, three or four beds and each with a private bathroom. Is important that kids learn to share immediately, in harmony with his teammates, the rooms, the facilities and common areas. Strictly prohibited acts of bullying and aggressive attitudes. The value of living together is an educational constant of the camp.

It is important that our young guests learn the importance of order and the respect for property and the people present during the stay. It is necessary that the rooms are therefore always in order. Every evening the association's team will check the rooms before bedtime, if the rooms are messy they will not be remade by the staff of the Estate and the children will be encouraged to collaborate to reorder.

## luggage

Please do not include valuables or fine clothing. Strictly prohibited dangerous objects (slingshots, boxcutters, air guns tablet, etc.). Videogames are not allowed.

Here is a list of things to bring:

1x cap	1x pair of football boots (optional)
1x anorak or K-Way	10x pairs of socks
2x pairs of sneakers	2x pajamas
10x T-shirts (tops or blouses)	1x bathrobe
1x pair of flip flops	1x bag for dirty clothes
1-2x swimwear	1x toothbrush and toothpaste
6x trousers (3x short, 3x long)	1x white T-shirt to draw
3x sweatshirts or fleece	1x hiking backpack
2x tracksuits	1x water bottle
13x briefs	

The bathrooms are equipped with wall-mounted hair dryer. We advise the girls to bring a travel hairdryer.

## pocket money

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For the two-week summer camp can give children a "pocket money" of maximum 50 euros for teens and 30 euros for children, in coins or banknotes from 5 to 10 euros, for small personal expenses to be done only during the excursions of stay.

From the first day the money will be kept by the staff who will return it to the guys during excursions.

## how to arrive

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### **From the South:**

Motorway A1 ROMA - MILANO, exit Orte.

Highway E45 Perugia - Terni, exit Montecastrilli - Avigliano Umbro and then follow the driving direction for Toscolano.

### **From the North:**

Motorway MILANO-ROMA A1, exit Valdichiana, direction Perugia.

Highway E45 Perugia - Terni, exit Montecastrilli - Avigliano Umbro and then follow the driving direction for Toscolano.

### **Airports:**

Roma Fiumicino: 100 km - Perugia: 68 km